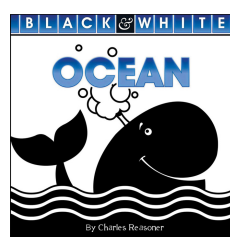
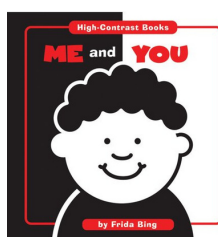
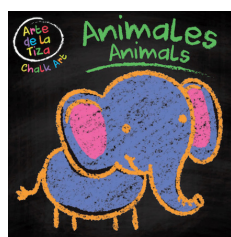


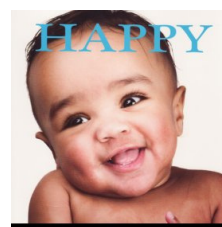
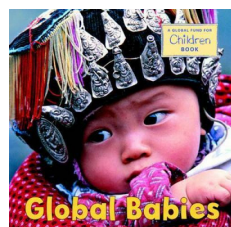
Newborn, One, Two and Four Month Book Recommendations

Below are recommendations for books to give at the first four visits. These are just suggestions and you can swap out titles or types of books as you determine what is best for your youngest patients. Encourage daily reading, especially at bedtime!

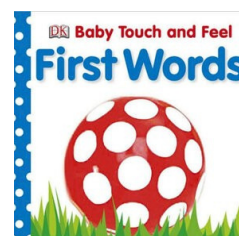
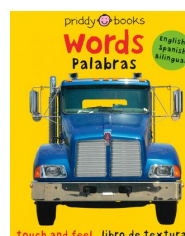
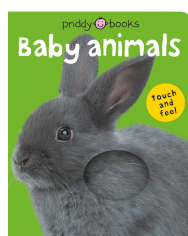
Newborn: This baby book and parenting guide combines gorgeous black-and-white portraits of parents and newborns with a read-aloud poem, accompanied by hints on infant development.



One Month: Improvise! Encourage parents to talk about the image on the page; make up stories so the child hears more words. Black & white and high contrast books provide a focal point.



Two-Month: Mirror and Mimic. Encourage parents to mirror expression of the baby faces in the book as well as their own baby's facial expressions.



Four-Month: Get Physical! Encourage parents to use the book to physically interact with baby. For example, hold the book to baby's now unfisted hands, encourage reaching by holding book just out of reach, explore textures in touch and feel books, etc.