

Book Recommendations

Ages: Newborn – Four Months

Below are recommendations for books to give at the first four visits. These are just suggestions and you can swap out titles or types of books as you determine what is best for your youngest patients. Encourage daily reading, especially at bedtime!



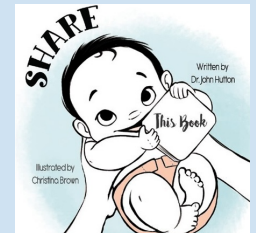
RHODE ISLAND

Newborn

This baby book and parenting guide combines gorgeous black-and-white portraits of parents and newborns with a read-aloud poem, accompanied by hints on infant development.

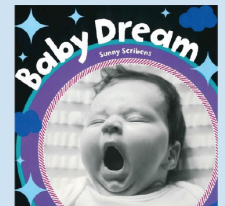
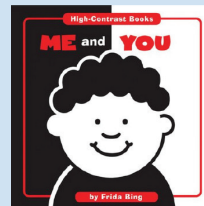
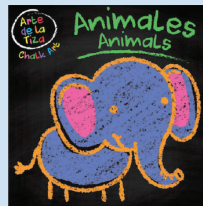


Share This Book, with simple, fun text and high contrast illustrations is a reminder to keep reading early and often. This book should be provided to families who already have I Love you like Sunshine in their collection.



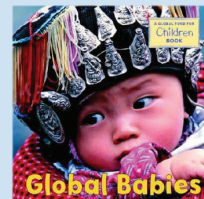
One month

Improvise! Encourage parents to talk about the image on the page; make up stories so the child hears more words.



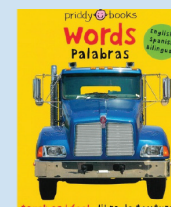
Two month

Mirror and Mimic. Encourage parents to mirror the expression of the baby faces in the book as well as their own baby's facial expressions.



Four month

Get Physical! Encourage parents to use the book to physically interact with baby. For example, hold the book to baby's now unfisted hands, encourage reaching by holding book just out of reach, explore textures in touch and feel books, etc.



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